



Full Loads, A Beautiful Thing



Nothing Smells Better Than Conservation

Over the summer Ithaca College purchased energy smart washers and dryers meaning they are energy and water efficient. IC also changed its laundry policy by making it a free service.



Only feed me full loads, I hate appetizers!

Unfortunately many residents are using this as an opportunity to do small and unnecessary loads of laundry. This wastes energy to heat water, energy for drying, and water for washing. All of these in turn create greater levels of climate changing emissions and resource depletion. It also creates higher utility bills for the college which are reflected in your tuition. Be wise with your laundry, only do full loads. If you need something cleaned and don't have many other dirty clothes then ask a friend and see if a neighbor needs some laundry help.

Other Laundry Tips

There are many ways to reduce your impact when it comes to laundry. Here are some tips from your REMP friends...

- Use a drying rack to dry your clothes. It saves energy and acts as a room humidifier
- Use the delicate clothes cycle. This washes everything with cold water reducing the energy needed to heat water.
- Choose 7th generation cleaning products. These products are generally non-toxic making them better for the earth and for your own health.
- Don't use too much detergent, over 'sudsing makes your machine work harder and use more energy.
- Don't over wash clothes; you can often wear clothes more than once without drawing unwanted notice from peers.
- Check to see when your clothes are dry, don't over dry them. This damages your clothes.
- Clean the lint filter in the dryer to improve air circulation.

Don't Forget that Reusable Mug

During the first few weeks of the semester, REMP representatives have been handing out free coffee coupons to students they see using a reusable mug. Unfortunately, a trend has been noticed, most people on campus depend on disposable coffee cups. By using a reusable mug, you save 15 cents on every coffee purchase on campus, a sizable amount by the time the semester ends.



Reusable mugs also promote conservation. 25,000,000,000 coffee cups are thrown out every year. If you purchase a cup of coffee every day in a disposable mug you contribute about 23 pounds of waste per year, a significant amount. Using a reusable mug saves resources needed to make paper ones, like trees and water, as well as saves oil needed to transport waste and paper cups.

Make a small change; use a reusable mug for your coffee or tea!