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Whalen Symposium  
College Life Ready

Preparation for high school seniors entering the next level of education unfortunately is not up to the necessary standard. They lack the tools required to live on college campuses comfortably as well as adapt to the academic environment. A first year student typically experiences homesickness, difficulty living as an independent adult, and adapting to their new home. A millennial’s struggle to study, learn, stay organized, and manage their time hinders their academic success, hence why some first semester year students tend to have a very low grade point average. Through a survey, speaking with first year students, as well as secondary research, their tends to be difficulties amongst first year students at various colleges. These complications one may encounter, are indeed avoidable. College Life Ready, a new course designed for high school seniors, is a viable solution to these difficulties. This sixteen week course addresses the typical complications first year students experience through class discussions, lectures, reflections, and guest speakers. College Life Ready will take the seniors on a day trip to a local college or university where they will have the opportunity to explore the aspects they have been discussing and learning about in the course. Their final requirement for completion of the course will be making a “My College Guide Book” incorporating everything they learned that the high school senior feels can and will be beneficial to their first year experience.